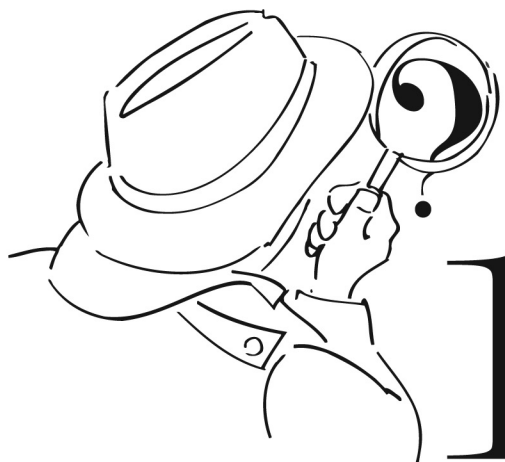


Be Air Quality Smart!

Four Things You Can Do



1

Check the Air Quality Index.

- Visit the AIRNow website at www.airnow.gov.
- Listen for air quality information on the radio or TV.

2

Protect your health when the air is polluted.

- Take it easier when you're outside.
- If it feels harder to breathe, tell an adult.



3

Help reduce pollution.

- Turn off lights and equipment.
- Walk, bike, carpool, or take the bus when the air quality is good. But remember, your safety always comes first!

4

Have fun at the Smog City website:
www.smogcity.com



Coming in 2007—**Smog City 2**, which will include particle pollution in addition to ozone, at: www.smogcity2.org

